

The Center for Grief and Loss
Sponsored by



Hospice of the East Bay

ARE YOU GRIEVING THE DEATH OF
SOMEONE CLOSE TO YOU?

Drop-In Bereavement Support Group

The death of a loved one can create deep sorrow. Sharing thoughts and feelings with others who understand and care is known to be one of the most helpful ways to heal grief. On-going drop-in bereavement support groups provide individuals with tools and support needed to address the very real emotions that arise from significant loss.

When: 1st and 3rd Wednesdays, 4:30 – 6:00 PM
Starting July 20, 2011

Where: Hospice of the East Bay
3470 Buskirk Avenue
Pleasant Hill, CA 94523

Fee: Services are provided free of charge to all community members in need; however, donations are greatly appreciated. Hospice of the East Bay is a 501 (c) (3) not-for-profit, stand-alone, organization that relies on the support of the community we serve.

Registration: Registration is not required. Participants attend as frequently or infrequently and needed/desired